



# 日本ロルフィング協会 The Japanese Rolfing® Association

## -Client Clinic in the class-

The Japanese Rolfing Association (JRA) will have the training in 2025. In the training, we need some clients.

### What is Rolfing Structural Integration?

Named after its founder, Dr. Ida P. Rolf, Rolfing Structural Integration is a form of bodywork that reorganizes the connective tissues, called fascia, that permeate the entire body.

Rolfing SI is a unique form of Structural Integration that promotes good posture and alignment by manipulating connective tissue to release, realign, and balance the whole body. Rolfing SI also aims to rejuvenate and revitalize you as it diminishes and relieves pain, stiffness, and chronic stress.

more information is here; <https://www.rolf.org/rolfing.php>

### How does the student clinic work ?

The JRA is accepting clients for our Client Clinics in the class, which are staffed by students in the various stages of their Rolfing training. These clinics are an integral component of all Rolfing instructional programs and, as such, provide an opportunity for everyone to experience the benefits of Rolfing SI at a discounted rate.

All JRA Clinic sessions take place in a classroom environment, meaning that several clients work one-on-one with their assigned Rolfing student practitioner simultaneously and always under instructor supervision. This environment benefits both you, the client, and your student Rolfer since it allows him/her to develop individualized Rolfing plans that meet your needs while reinforcing their understanding of standard Rolfing practices. Please note that we require your commitment to attend ALL the sessions in a series, as it is crucial for both your experience and the students training that all sessions are completed. Space is limited!

\*It is also possible to receive Rolfing SI from an instructor by serving as an Instructor Client.

The present available clinic is the Advanced Rolfing Structural Integration. It means all students in this class have three or more years experience as Rolfer. They will give sessions to progress their clinical techniques more.

The Japanese Rolfing Association  
Yuta Otomo, Educational staff

## -Client Clinic-

Note: For this program, you need to have the experience to receive the basic 10 series.  
If you don't, we can talk and negotiate about it.

(I-1) Advanced 3 sessions by instructor : by Ray McCall

(I-2) Advanced 3 sessions by instructor : by Hiroyoshi Tahata

(A, B) Advanced 3 sessions by student

### Dates:

(I-1) 11:30 - 13:00 on Thu June 26, July 3, 10.

(I-2) 11:30 - 13:00 on Wed June 25, July 2, 9.

(A) 14:30 - 16:00 on Thu June 26, July 3, 10.

(B) 16:15 - 17:45 on Thu June 26, July 3, 10.

Location: Lutheran Ichigaya center near the Ichigaya station  
1-1 SADOHARA-CHO, ICHIGAYA, SHINJUKU-KU, TOKYO

### Price :

(I-1) 10,000 yen per 1 session, total 30,000 yen

(I-2) 10,000 yen per 1 session, total 30,000 yen

(A, B) 5,000 yen per 1 session, total 15,000 yen

Application : Register via Google Form

<https://forms.gle/SDpC7dWqWfqERYGq5>

First Application Deadline: Friday, May 23rd, 12:00 PM

We will determine assignments after considering the schedules and preferences of those who apply by the first deadline. Please note that applications may close earlier than the stated date if capacity is reached.

### Important Notes:

- Perfect attendance is required for all sessions. Please arrive punctually at the times specified by our association.
- For sessions: As work is done directly on the skin, female clients should wear fitness wear or swimwear of a two-piece style, and male clients should wear briefs or boxer-style underwear, or equivalent attire.
- Multiple clients will receive sessions simultaneously in the same classroom from students. (The room will be mixed-gender.)
- During pre-session evaluations, posture assessments may be conducted in front of other students.
- The instructor is an experienced Rolfer. If you are selected as a model for the instructor, you will receive your session while being observed by students. For English-

speaking instructors, an interpreter will be present. There may be lectures and Q&A sessions during the session. Our association uses the instructor's session records as valuable educational resources for Rolfers. If you are receiving a 5 or 3-session series from an instructor, please indicate your preferences regarding record-keeping in the application form.

- In case of numerous applicants, please understand that our association will conduct a selection process.
- The classroom will be attended by the instructor, interpreter, students, auditors, and staff members.

Contact :

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The terms, Roling®, Rolf Movement® and Rolfer™, are service marks of the Rolf Institute of Structural Integration.